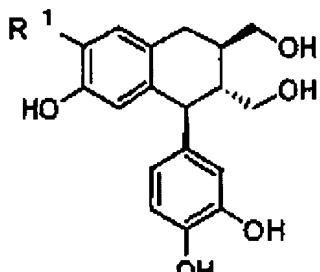


ABSTRACT

The object of the present invention is to provide a drug effective in treating or preventing osteoporosis. The present invention discloses a therapeutic or preventive drug for osteoporosis having a compound shown in the formula (1)



5

(1)

(wherein R¹ is an alkyloxy group with the carbon number of 1 to 4)

or a pharmaceutically acceptable salt or ester of said compound in the formula (1) as

an effective ingredient. In the compound of the formula (1), a substance in which

10 R¹ is CH₃O is isotaxiresinol derived from *Taxus yunnanensis* and showed physiological activities in inhibiting bone resorption and improving bone formation.